

## PARISH FAMILY ABLAZE EUCHARIST—KEYNOTE (11-25-18)

### PRAYER OF SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament.  
I love You above all things, and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself wholly to You.  
Never permit me to be separated from You. Amen.

### THE EUCHARIST—HOLY COMMUNION WITH GOD AND ALL THE HOLY ANGELS AND SAINTS

- I. Some Old Testament “Types”
  - A. The Tree of Life in the Garden of Eden (Genesis 2:9/3:22-23)
    1. If man eats the fruit from this tree he will live forever.
    2. “If anyone eats this bread, he will live forever” (John 6:51)
  - B. Melchizedek—“King of Righteousness” (Genesis 14:18-20)
    1. Priest AND King
    2. King of Salem (Peace)—Later called “Jerusalem”
    3. Mysterious genealogy: Where is he from and who are his parents?
    4. Offers “bread and wine”
  - C. Abraham/Isaac (Genesis 22:1-19)
    1. Sacrifice/Wood/Mountain
    2. “God will provide Himself the lamb for a burnt offering, my son” (Genesis 22:9)—“a ram, caught in a thicket by his horns” (Genesis 22:13)
    3. “Behold, the Lamb of God, Who takes away the sin of the world!” (John 1:29)
  - D. Moses
    1. Passover (Exodus 12)
      - a. Household eats a slain Paschal lamb
      - b. Blood marks the doorposts and lintel
      - c. Slain lamb eaten with unleavened bread and bitter herbs
      - d. Unleavened bread eaten for the journey
    2. Manna (Exodus 16)
      - a. Daily bread from Heaven
      - b. “I am the bread which came down from heaven.” (John 6:41)
      - c. “The bread that I will give for the life of the world is My Flesh.” (John 6:51)
  - E. David and the Ark of the Covenant (1 Samuel 6)
    1. David carries the Ark to Jerusalem in humility and joy.
    2. Ark “contained a golden urn holding the manna, and Aaron’s rod that budded, and the tablets of the covenant; above it were the cherubim of glory overshadowing the mercy seat.” (Hebrews 9:4-5)
    3. Ark = Type of Mary (Revelation 11:19/12:1-2)
      - a. Woman radiant as the sun bears the Child Jesus (“Bread of Life”).
      - b. Her son is priest and fruit of her womb.
      - c. Her son fulfills the Law with the Commandments of Love.
      - d. She is the Mother of Mercy greeted by an angel and overshadowed by the Holy Spirit.

- II. Christ's Institution of the Most Holy Eucharist
  - A. Upper Room of the Last Supper
    - 1. Gives His Body under the sign of bread
    - 2. Gives His Blood under the sign of wine
  - B. Sacrifice on the Cross of Calvary completes the Last Supper—The Fourth Cup
    - 1. Eucharist—Both Supper and Sacrifice
    - 2. Supper/Sacrifice is NOT repeated but IS REPRESENTED IN AN UNBLOODY MANNER (SACRAMENTALLY).
      - a. Truly, really, substantially
      - b. Body, Blood, Soul, and Divinity
  - C. Theological Terminology
    - 1. Presence of Christ under the Eucharistic signs
      - a. True—Actual, not only symbolic
      - b. Real—Objectively, not just subjectively in a believer's mind
      - c. Substantial—Not just spiritual, but the whole Christ: Body/Blood/Soul/Divinity
    - 2. Transubstantiation—"the change of the whole substance of bread into the substance of the Body of Christ and of the whole substance of wine into the substance of the Blood" (CCCC#283)
      - a. Accidents/Species—What is perceived with the physical senses
      - b. Double Consecration: Signifies the Sacrifice
      - c. Concomitance—the WHOLE CHRIST is present under either species, Bread (B/B/S/D) or Wine (B/B/S/D), whether just a particle of a Host or a drop of the Precious Blood
- III. Holy Sacrifice of the Mass/Holy Eucharist = Worship in Spirit and in Truth
  - A. Real Situation: Unworthy because of sin but washed clean because of mercy
  - B. Real Vision: Liturgy of the Word—The Word Proclaimed
  - C. Real Love—Holy Communion: Liturgy of the Eucharist—The Word Made Flesh
  - D. Real Life: "Go in peace"; "Go and proclaim the Gospel of the Lord."
    - 1. On-going conversion to holiness as a disciple and son of God
    - 2. On-going mission of mercy (love) as an Apostle

### QUESTIONS FOR CONSIDERATION (T/F)

- \_\_\_ 1. From the Gospel, we know that Christ might actually keep his followers from recognizing Him in His risen Body to make Himself known instead by talking to them about Scripture and by breaking bread to give to them.
- \_\_\_ 2. Peter could see Christ with his eyes before He ascended into Heaven, and could not see Christ with his eyes afterwards; therefore, Peter was TRULY CLOSER to Christ BEFORE Christ ascended than after Christ ascended into Heaven.
- \_\_\_ 3. By grace and revelations, a human person can possess both physical and spiritual vision.
- \_\_\_ 4. As Catholics, we know that what we believe by faith will often contradict what we know by science.
- \_\_\_ 5. When we accept by faith teachings such as those regarding the Eucharist, this means we should accept them without any questions and never wonder how these teachings are true.
- \_\_\_ 6. When it comes to miracles—especially Eucharistic miracles—the Church refuses to allow scientists to study them, because reason and science can make no contribution in regards to our faith.

- \_\_\_ 7. Abraham is our Father in Faith, and when he is called to sacrifice Isaac, his son, this anticipates the sacrifice of Christ, the Son of God the Father.
- \_\_\_ 8. Christ's Gospel that we read in the New Testament could be understood completely without the help of the Old Testament.
- \_\_\_ 9. Receiving Holy Communion is the same as cannibalism.
- \_\_\_ 10. After transubstantiation of the bread into Christ's Body, and the wine into Christ's Blood, Christ is really present ONLY to those who have faith, and not to those without faith.

## **MISSION**

- I. Morning Prayer: "Act of Faith," "Act of Hope," "Spiritual Communion"
- II. Mental Prayer during the day (20-35 minutes)
  - A. The Rosary
  - B. Journal Meditation
    - 1. 5-10 Minutes of Scriptural or spiritual reading
    - 2. 5-10 Minutes writing to either the Father, Son, or Holy Spirit
    - 3. 5-10 Minutes recording what you believe God is saying to you
- III. Examination of Conscience and Act of Contrition
  - A. This day did I speak to our Heavenly Father, listen to Him, and obey Him as His child?
  - B. Did I unite my heart to the Sacred Heart of Jesus today by making a Spiritual Communion or receiving Him in Holy Communion?
  - C. Did I invite the Holy Spirit to direct my thoughts, strengthen my will, and keep God's grace alive in me?
  - D. Did I embrace Mary today as my Mother in the order of grace by praying with her and behaving like one of her spiritual children?