

ABLAZE PRAXIS 12/11/2016

PRAYER

O Sacred Heart of Jesus,

for Whom it is impossible not to have compassion on the afflicted,
have pity on us miserable sinners
and grant us the grace which we ask of You,
through the Sorrowful and Immaculate Heart of Mary,
Your tender Mother and ours.
— St. Margaret Mary Alacoque

THE KING OF THE KINGDOM: BURNING DEVOTION TO THE SACRED HEART OF JESUS

I. Apostleship of Prayer (info@apostleshipofprayer.org or www.apostleshipofprayer.org)

A. Traditional Daily Offering of the Apostleship of Prayer

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys, and sufferings of this day in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of Your Sacred Heart: the salvation of souls, reparation for sin, and the reunion of all Christians. I offer them for the intentions of our bishops and of all Apostles of Prayer, and in particular for those recommended by our Holy Father this month.

B. Pope's Intentions for Each Month

1. Universal Prayer
2. Evangelization Prayer

II. Efficacious Novena to the Sacred Heart of Jesus

A. O my Jesus, you have said: "Truly I say to you, ask and you will receive, seek and you will find, knock and it will be opened to you." Behold I knock, I seek and ask for the grace of.....
(here name your request)

Our Father....Hail Mary....Glory Be to the Father....**Sacred Heart of Jesus, I place all my trust in You.**

B. O my Jesus, You have said: "Truly I say to you, if you ask anything of the Father in My name, He will give it to you." Behold, in Your name, I ask the Father for the grace of.....
(here name your request)

Our Father...Hail Mary....Glory Be To the Father....**Sacred Heart of Jesus, I place all my trust in You.**

C. O my Jesus, You have said: "Truly I say to you, heaven and earth will pass away but My words will not pass away." Encouraged by Your infallible words I now ask for the grace of.....
(here name your request)

Our Father....Hail Mary....Glory Be to the Father...**Sacred Heart of Jesus, I place all my trust in You.**

O Sacred Heart of Jesus, for whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of You, through the Sorrowful and Immaculate Heart of Mary, Your tender Mother and ours.
-- St. Margaret Mary Alacoque

Say the Hail, Holy Queen and add: St. Joseph, foster father of Jesus, pray for us.

III. First Friday Devotion (www.sacredheartlegion.com)

IV. Divine Mercy Chaplet (www.praydivinemeracy.com)

QUESTIONS

- I. Do I consistently pray each day for those who have asked me for prayer? Does the method used by Saint Padre Pio of praying the Efficacious Novena to the Sacred Heart of Jesus daily appear to be an approach that would work for me?
- II. Do I see the Divine Mercy Image and Chaplet as a particular expression of Devotion to the Sacred Heart? Why or why not?

MISSION

- I. Morning Prayer to the Sacred Heart
- II. Mental Prayer: 5/5/5 (children) or 10/10/10 (teen/adult)
 - A. Gospel of the Day or Any Passages from Scripture
 - B. Stories or Writings of Saints
 - C. Passages from Theological or Catechetical Writings
 - D. Particular Decades of the Rosary
 - E. Visual Images
- III. Examination of Conscience followed by an Act of Contrition: Did I practice devotion to the Sacred Heart of Jesus?
 - A. What "crosses" did God offer me this day? Did I not only accept but even embrace them to console Christ's Sacred Heart?
 - B. Did my heart burn with the fire of Christ's Sacred Heart in love for God and for neighbor? What did I allow to snuff out this fire?
 - C. Did any "wounds" inflicted upon me today increase grace and mercy in me and pour forth to others, especially those who hurt me?
 - D. Did I radiate Christ's love to others through my thoughts, words, and deeds?