

KEYNOTE BINDER INSERT: ABLAZE PF/8 1-10/13

PRAYER: CANTICLE OF ZECHARIAH (BENEDICTUS)—LUKE 1: 68-79

Blessed be the Lord, the God of Israel;
He has come to His people and set them free.
He has raised up for us a mighty savior,
born of the house of His servant David.
Through His holy prophets He promised of old
that He would save us from our enemies,
from the hands of all who hate us.
He promised to show mercy to our fathers
and to remember His holy covenant.
This was the oath He swore to our father Abraham:
to set us free from the hands of our enemies,
free to worship Him without fear,
holy and righteous in His sight
all the days of our life.
You, my child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare His way,
to give His people knowledge of salvation
by the forgiveness of their sins.
In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.
Glory be . . . Amen.

CELEBRATION AND WORSHIP IN SPIRIT AND IN TRUTH (SACRAMENTS)

I. The Seven Sacraments:

- A. Efficacious signs of grace perceptible to the senses:
 - 1. Form (usually words)
 - 2. Matter (material elements/sensibly perceptible human actions)
- B. Instituted by Christ and entrusted to the Church
- C. Sacraments of Christian Initiation:
 - 1. Baptism: “born again,” “born from above” for adoption by the Father
 - a. Washes away sin (original or personal) and all punishment due to sin
 - b. Participation in Divine Life through sanctifying grace
 - c. Participation in Christ’s priesthood and communion with all Christians
 - d. Bestowal of the virtues of faith, hope, and charity and the Gifts of the Holy Spirit
 - e. Indelibly sealed as a child of God in Christ
 - 2. Confirmation—strengthening
 - a. Baptism enriched by the experience of Pentecost
 - b. Given special strength to evangelize
 - 3. Eucharist—nourished by Christ’s Sacrifice

- a. Source, summit, and center of all Christian life
 - b. One Single Act of Worship in Spirit and Truth:
Liturgy of the Word/Liturgy of the Eucharist
 - c. Transubstantiation
- D. Sacraments of Healing
 - 1. Penance/Reconciliation
 - a. Examination of Conscience (Mortal vs Venial Sin/Name, Number)
 - b. Contrition (perfect/imperfect)
 - c. Confession (Integral)/Penance/Act of Contrition
 - d. Absolution
 - e. Satisfaction
 - 2. Anointing of the Sick
 - a. More intimate union of sick person to Christ's Passion
 - b. Comfort, peace, courage, forgiveness of sins
 - c. Restoration of health, if it is God's will
- E. Sacraments at the Service of Communion and Mission
 - 1. Holy Orders—Three degrees:
 - a. Diaconate (deacons)
 - b. Presbyterate (priests)
 - c. Episcopate (bishops)
 - 2. Sacred Matrimony—intimate communion of life and love
 - a. Ends = communion and good of couple + procreation/education of children
 - b. Intention of Sacred Vows: Free/Total/Faithful/Fruitful Love
 - c. Legal, valid, and sacramental
 - d. Christian Family = Domestic Church